

OUR NEW MENU HAS ARRIVED.  
HERE'S WHAT YOU CAN'T MISS!

SAVE ON YOUR

## *SensAsia* FAVES

GUESS WHAT? OUR MOST IN-DEMAND TREATMENTS HAVE  
TAKEN A PRICE DIP...

TREATMENT	TIME	PRICE
<b>URBAN LIVING™</b>	<b>90MIN</b>	<b>549DHS</b>
Let your skin breathe freely with this smoothing body buff and massage combo.		
<b>BEE MY HONEY</b>	<b>120MIN</b>	<b>699DHS</b>
Get your honey ready with this seriously skin softening session. Delicious doesn't cut it.		
<b>DEEP HOT STONE MASSAGE</b>	<b>90MIN</b>	<b>545DHS</b>
Relaxing, detoxifying... pure primeval bliss.		
<b>THE 'KNEAD'-IT</b>	<b>60MIN/90MIN</b>	<b>390DHS/475DHS</b>
Deep tissue techniques – perfect for muscular tension.		
<b>BALIN-EASE MASSAGE</b>	<b>60MIN/90MIN</b>	<b>375DHS/425DHS</b>
Firm, flowing and fabulous – a melting pot of massage styles.		
<b>THE RAPID RUB</b>	<b>45MIN</b>	<b>260DHS</b>
In and out in under an hour, complete with a cup of our legendary tea to-go.		
<b>SENSBODY POLISHES</b>	<b>60MIN</b>	<b>from 375DHS to 399DHS</b>
From hot salt and pepper to exotic lime and ginger, you now save on your favourite scrub!		
<b>ENHANCEMENTS</b>		<b>from 19DHS to 90DHS</b>
Whether it's a luxe cocoa butter upgrade or more time you need, our full selection of add-ons are now even lower priced.		

OUR NEW

## *lifestyle* LAUNCHES

DESIGNED TO COMPLEMENT THE MANY WOMEN  
(AND MEN!) YOU ARE.

TREATMENT	TIME	PRICE
<b>THE SKINNY LATTE</b>	<b>150MIN</b>	<b>699DHS</b>
A caffeine-powered coffee scrub, mask and intense massage to attack stubborn fat, followed by a probiotic facial to hydrate, strengthen and rejuvenate.		
<b>BALI COFFEE SCRUB</b>	<b>60MIN</b>	<b>399DHS</b>
A caffeine-powered kick to target stubborn fat and stimulate circulation.		
<b>WARM MILK AND HONEY WRAP</b>	<b>60MIN</b>	<b>399DHS</b>
A smoothing, detoxifying and ultra-moisturising wrap to perfect the skin's appearance.		
<b>BEAT THE BLOAT</b>	<b>60MIN</b>	<b>370DHS</b>
If your tummy area seems to hold on to water, this is your sucker punch.		
<b>THE HANGOVER CURE</b>	<b>60MIN</b>	<b>375DHS</b>
A post-party fix to get you back on track. Cools the eyes, revives the head and enlivens the body – finished with a detox drink.		
<b>HEADACHE RELIEF</b>	<b>45MIN</b>	<b>275DHS</b>
Slip under a cosy duvet with this tension taming session.		
<b>A CLASSIC G&amp;T</b>	<b>30MIN</b>	<b>220DHS</b>
Glutes and thighs have nowhere to hide...		
<b>THE RECOVERY</b>	<b>60MIN</b>	<b>390DHS</b>
Shrug off any post-workout tension with a lot of stretching, kneading and accupressuring.		

# spa

## MENU

# this hits

Every SensAsia treatment includes a foot cleansing ritual, your own comfy robe and slippers, access to our relaxation room, changing facilities, refreshments and our legendary ginger tea. If any of our Signature Spa Packages don't meet your needs, we can create one just for you.

TREATMENT	TIME	PRICE
<b>THE WEEKEND PREP</b>	<b>135MIN</b>	<b>875DHS</b>
Prepping for the weekend's LBD just got simpler. Back exfoliation plus a heated stone massage, followed by an ultra-hydrating facial.		
<b>OH! STRIP ME PLEASE!</b>	<b>120MIN</b>	<b>699DHS</b>
Let us 'strip you' down with this scaly skin shedding session plus hot candle massage.		
<b>URBAN LIVING™</b>	<b>90MIN</b>	<b>549DHS</b>
Let your skin breathe freely with this smoothing body buff and massage combo.		
<b>BEE MY HONEY</b>	<b>120MIN</b>	<b>699DHS</b>
Get your honey ready with this seriously skin softening session. Delicious doesn't cut it.		
<b>ELEMIS ABSOLUTE SPA RITUAL</b>	<b>135MIN</b>	<b>870DHS</b>
Our bestseller. A complete journey into sensory heaven, combining a full body massage with an intensive Elemis Anti-Ageing or Skin Solution Facial, prescribed to your needs.		
<b>THE SKINNY LATTE</b>	<b>150MIN</b>	<b>699DHS</b>
A caffeine-powered coffee scrub, mask and intense massage to attack stubborn fat, followed by a probiotic facial to hydrate, strengthen and rejuvenate.		
<b>THE LUXE COCO RITUAL</b>	<b>120MIN</b>	<b>569DHS/669DHS</b>
A gorgeous, gritty coconut scrub and warm scented coconut oil massage to rejuvenate and nourish. Luxe to the max with hot stones.		
<b>COUPLES WHO SPA TOGETHER</b> (ONLY AVAILABLE AT SELECT LOCATIONS)		<b>POA</b>
Stay together! Create your own tailored spa time for two in our couples' suite.		

**SENSPACKAGES**

**BODY POLISHES**

<b>HOT SALT AND PEPPER SCRUB*</b>	<b>60MIN</b>	<b>375DHS</b>
<b>SUGAR DADDY*</b>	<b>60MIN</b>	<b>375DHS</b>
<b>LUXE LAVENDER RUB*</b>	<b>60MIN</b>	<b>375DHS</b>
<b>COCONUT AND ROSE*</b>	<b>60MIN</b>	<b>375DHS</b>
<b>ELEMIS EXOTIC LIME AND GINGER SALT GLOW</b>	<b>60MIN</b>	<b>399DHS</b>
<b>BALI COFFEE SCRUB</b>	<b>60MIN</b>	<b>399DHS</b>

These polishes use exfoliants that stimulate, smoothen and perfect the skin's appearance. All polishes include a 20-minute back massage during the moisture application. \*Add on a 30-minute body polish to any treatment for 199dhs.

**BODY WRAPS**

<b>ELEMIS 1000 FLOWER DETOX WRAP</b>	<b>60MIN</b>	<b>595DHS</b>
<b>WARM MILK AND HONEY WRAP</b>	<b>60MIN</b>	<b>399DHS</b>

**SENSBODY**

**ELEMIS TOUCH ANTI-AGEING FACIALS**

<b>TRI-ENZYME RESURFACING FACIAL</b>	<b>75MIN</b>	<b>655DHS</b>
A powerful resurfacing treatment to target dull skin and combat the signs of ageing.		
<b>PRO-COLLAGEN AGE DEFY</b>	<b>90MIN</b>	<b>625DHS</b>
Tackles fine lines and wrinkles for beautifully nourished, younger looking skin.		
<b>WHITE BRIGHTENING PIGMENT PERFECTOR</b>	<b>60MIN</b>	<b>690DHS</b>
Targets pigmentation and redness to deliver an illuminated complexion.		

**SENSFACIALS**

**ELEMIS TOUCH SKIN SOLUTION FACIALS**

<b>VISIBLE BRILLIANCE</b>	<b>90MIN</b>	<b>675DHS</b>
A nutritional boost that packs stressed skin with energising and detoxifying actives.		
<b>SENSITIVE SKIN SOOTHER</b>	<b>90MIN</b>	<b>615DHS</b>
Fragile skin is calmed and boosted with soothing ingredients and gentle techniques.		
<b>ANTI-BLEMISH MATTIFY AND CALM</b>	<b>90MIN</b>	<b>615DHS</b>
Regulate oily skin and clear congestion with this oxygenating, mattifying treatment.		

**ESSE ORGANIC AND PROBIOTIC SKINCARE**

Choose to upgrade your facial with a live probiotic booster for 99dhs.

<b>ESSE LIVE PROBIOTIC PLUS FACIAL</b>	<b>90MIN</b>	<b>578DHS</b>
Live probiotic microbes are applied to the skin to improve the skin's barrier function, reduce inflammation and slow the ageing process.		
<b>ESSE HYDRATING FACIAL</b>	<b>60MIN</b>	<b>399DHS</b>
Replenish parched skin and plump fine lines with this moisture-infused probiotic facial.		
<b>ESSE SENSITIVE SKIN FACIAL</b>	<b>60MIN</b>	<b>399DHS</b>
Calming and gentle, using probiotics and botanicals to strengthen the skin's defences.		

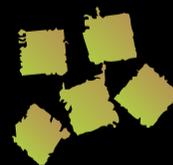
**ADD ONS**

ALL ABOUT EYES 69DHS | COOLING CUCUMBER EYE MASK 19DHS  
MORE MASSAGE TIME 79DHS | FOOT MASSAGE 90DHS

All prices are inclusive of VAT.

# spa

## MENU



**SENSASIA**  
urban spa

PBGCC DAY SPA OF THE YEAR 2018  
LUXURY LIFESTYLE AWARDS WINNER 2016  
MESPA BEST INDEPENDENT SPA 2012, 2013 & 2015  
AHLAN BEST SPA IN DUBAI 2011 & 2012  
WHAT'S ON FAVORITE SPA 2012

TREATMENT	TIME	PRICE
<b>PAMPER RICH COCOA BUTTER STONE MASSAGE</b>	120MIN	699DHS
A luxuriously profound hot stone massage and skin conditioning treatment.		
<b>DEEP HOT STONE MASSAGE</b>	90MIN	545DHS
Relaxing, detoxifying... pure primeval bliss.		
<b>THE DIGITAL DETOX</b>	45MIN	350DHS
Ideal for all gadget junkies, who need the strains to turn to mush – mid back up.		
<b>THE 'KNEAD'-IT</b>	60MIN/90MIN	390DHS/475DHS
Deep tissue techniques – perfect for muscular tension.		
<b>BALIN-EASE MASSAGE</b>	60MIN/90MIN	375DHS/425DHS
Firm, flowing and fabulous – a melting pot of massage styles.		
<b>NURTURING MOTHER-TO-BE</b>	60MIN/90MIN	445MIN/545DHS
A specialised bump-friendly massage from the experts, slightly inclined on your side.		
<b>THE RECOVERY</b>	60MIN	390DHS
Shrug off any post-workout tension with a lot of stretching, kneading and accupressuring.		
<b>THE ULTIMATE RECOVERY</b>	90MIN	495DHS
Shrug off any post-workout tension with stretching, kneading and accupressuring, plus heated herbal poultices to encourage lactic acid out, and recovery in.		
<b>THE RAPID RUB</b>	45MIN	260DHS
In and out in under an hour, complete with a cup of our legendary tea to-go.		
<b>THAI 'CHI' FLOW</b>	60MIN/90MIN	390DHS/475DHS
Our version of the infamous Thai massage, that really gets your CHI on.		
<b>HEADACHE RELIEF</b>	45MIN	275DHS
Slip under a cosy duvet with this tension taming session.		
<b>JET-AWAY</b>	60MIN	375DHS
The hi-flyers cure to jet lag. Balance the body with cedarwood, ginger and jasmine.		
<b>WARM CANDLE MELT MASSAGE</b>	60MIN/90MIN	465DHS/559DHS
Choose from scents including vanilla, ylang ylang, lavender or our signature blend.		
<b>THE SLEEP E-Zzz</b>	60MIN/90MIN	445DHS/545DHS
Let us lull you into a deep state of tranquility. Topped off with hot cocoa and marshmallows.		
<b>A CLASSIC G&amp;T</b>	30MIN	220DHS
Glutes and thighs have nowhere to hide...		
<b>THE HANGOVER CURE</b>	60MIN	375DHS
A post-party fix to get you back on track. Cools the eyes, revives the head and enlivens the body – finished with a detox drink.		

THE G&T 79DHS | TECH NECK 69DHS | GO UPPER CLASS 49DHS  
 MORE TIME PLEASE 79DHS | HOT STONES 49DHS  
 THE WORK-A-HOLIC'S 59DHS | GREEN MAGIC GEL 10DHS

SLIMMING AND TONING		
<b>BEAT THE BLOAT</b>	60MIN	370DHS
If your tummy area seems to hold on to water, this is your sucker punch.		
<b>THE URBAN DETOX</b>	90MIN	475DHS
Drainage techniques and ingredients used to improve skin firmness and softness.		
<b>ESSE ANTI-CELLULITE BODY TREATMENT</b>	90MIN	495DHS
Caffeine-packed exfoliation, mask and massage to stimulate and smooth spongy skin.		
<b>ELEMIS TARGETED TONING TIGHTENER</b>	30MIN	220DHS
Target your most problematic areas (arms, abs and hips/thighs) with a powerful massage and detoxifying clay wrap. Starting from 30 minutes.		

<b>THE SUPER MUM</b>	135MIN	840DHS
The ultimate pamper package for every mum-in-waiting! She will float home after a specialised, bump-friendly massage, cleansing facial and leg lightening treatment.		
<b>NURTURING MOTHER-TO-BE MASSAGE</b>	60MIN/90MIN	445DHS/545DHS
A specialised bump-friendly massage from the experts, slightly inclined on your side.		
<b>MUMMY AND DADDY-TO-BE MASSAGE</b>	90MIN	935DHS
She's got the bump, but he's feeling it too. Take pamper time out together in our couples' suite (before the baby makes that a challenge!).		
<b>MUMMY MASSAGE AND MORE</b>	120MIN	735DHS
Relax the maxed-out mum-to-be and feel the benefits before, during and after baby arrives. Our specialised, bump-friendly massage followed by a 60-minute cleansing facial.		
Please note that we do not perform any massage or body treatments on women in their first trimester of pregnancy.		

TEMPLE TIME 315DHS | SCRUB-A-DUB-MUM 199DHS

SENSSMASSAGE

ADD ONS

SENSCONSCIOUS

SENSMAMA

ADD ONS



“A TRUE URBAN *spa* THAT WOULDN'T FEEL OUT OF PLACE IN DOWNTOWN *new york*”

- TIME OUT DUBAI

THE VILLAGE, JUMEIRAH  
 EMIRATES GOLF CLUB  
 GOLDEN MILE, THE PALM JUMEIRAH  
 MEDIA CITY - COMING SOON

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