



مركز دبي للاستادات للرياضة  
دبي  
EMIRATES  
GOLF CLUB DUBAI

# spinning

EMIRATES RECREATION



دبي للرياضة  
DUBAI GOLF

Enjoy a fun 45 minute cycling class of varying intensities and burn lots of calories while improving fitness and your feel good factor.

## Timings

Saturday 18:00 - 18:45pm

Sunday 08:00 - 08:45am

Tuesday (beginners) 11:00 - 11:30am

Tuesday 18:00 - 18:45pm

## Fees

Dhs.30 Member

Dhs.35 Guest

For bookings, contact the Recreation team via  
T: +971 4 380 2222 E: [erecreation@dubaigolf.com](mailto:erecreation@dubaigolf.com)



Preferred Airline